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2024

Hospice Of Murray County's SPRING BENEFIT




"The piano
ain't got no
wrong notes."

Mark your calendars!! Hospice of Murray County is partnering with Rock It Man Entertainment for our Annual Spring Benefit on Friday Evening - APRIL 12th!! This is a dueling piano show that will Rock Your Socks off and is sure to be a great time!! Come on out to St. Columba Hall in Iona, MN for the evening starting off with a burger bar grilled up by our very own Murray County Cattleman's Association - This is an event that you DO NOT want to miss!! Keep watching our Facebook Page for more information - coming soon!! We are excited for this one!



ROCK IT MAN
entertainment

DRINK - FOOD - ENTERTAINMENT

 507-836-8114
www.hospiceofmurraycounty.com
 St. Columba Hall
Iona, MN 



PO Box 86 * 36 Park Drive * Slayton MN 56172

Phone: 507-836-8114 * Fax: 507-836-6462 *

Email: hospicemc@hospiceofmurraycounty.com

HOSPICE OF MURRAY COUNTY
SPRING BENEFIT

February 15, 2024

Greetings Friends –

Hospice of Murray County is excited to announce our annual Spring Benefit for the year 2024. Please mark your calendars so you can join us for this fun event!

Friday April 12th, 2024 at St. Columba Hall in Iona, MN

Entertainment featuring the **Rock It Man Dueling Pianos**

Doors open at 6:00, Show starts at 7:30

Burger Bar grilled up by our very own **Murray County Cattlemen Association**

Full cash bar also available

\$30/person presale, \$35/at the door –

Limit of 300 tickets sold (Includes both supper and show)

****NEW this year – drive through meal only – no show - \$13/meal presale, \$15/at the door****

We are seeking **EVENT SPONSORS** again this year. As a sponsor, your name will be used in all our advertising. We would like to have acknowledgment of our sponsors by April 1, 2024 in order to be listed in our printed advertisement.

PLATIUM LEVEL \$500 – 6 Tickets to the event and reserved table

GOLD LEVEL \$350 – 4 Tickets to the event

SILVER LEVEL \$200 – 2 Tickets to the event

BRONZE LEVEL \$ other - advertising acknowledgement

Hospice of Murray County thanks you for your consideration as our program relies on fundraisers, such as this, to provide services to our patients and their loved ones at the end stages of life.

Please send your donations and the following information to:

Hospice of Murray County, PO Box 86, Slayton MN 56172

Business, Family or Individual: _____

Address/phone number: _____

In honor or memory of: _____

Hope to see you there!

Hospice of Murray County Staff & Board of Directors

WE LOOK FORWARD TO SEEING YOU THERE!!



Hospice of Murray County

3 6 P A R K D R I V E * S L A Y T O N M N * 5 6 1 7 2

OUR STAFF

KRISTA BASSET
 MARY BAUNE
 EDEN BENGTON-CARNEY
 AUDREY BRAUN
 PAM BUSSWITZ
 ASHLEY CARLSON
 LUCILLE DESLAURIERS
 HEATHER ENGELKES
 MARTI ENGELKES
 DESIREE HAUPERT
 GRACE HAUPERT
 BRIANNA HARGIS
 CATHY KOR
 JOAN KUNSELMAN
 DR. CAROL L LANG
 SADIE LAPPEGARD
 ANN MUECKE
 ASHTON KALAS
 MICHELLE KALAS
 DR. RICHARD KLINGLER
 OLIVIA LEWIS
 ASHLEY OPDAHL
 LEROY REESE
 MCKENNA SAMUELSON
 CHANTEL SCARSET
 DIANE SCARSET
 MEGAN SCHRYVERS, CNP
 JESSICA SUNDAHL
 LORI VON HOLTUM
 GRACE WILLIAMS

Happy Winter to you all!

I'm sure that many of you are enjoying the temps and lack of snow this winter. What a change from last winter when we had tons of snow and were always wondering when the next storm was going to happen and where we were going to put all the snow!

I wanted to share some numbers with you today about our hospice program. Throughout the year, we keep track of the number of patients that we serve, and average length of stay. In 2023, we served 95 patients, with 82 of those patients being admitted in 2023. With those 95 patients, 6 of those patients were either discharged (meaning they were no longer considered terminally ill per Medicare definition) or chose to revoke their hospice benefit (went off hospice of their own choosing). Hospice of Murray County was with 71 of those patients during their final journey. What a blessing it is to serve those who are dying, and our staff can help them, and their families prepare for this.

I'm going to focus on the patients that were admitted in 2023, so 82 patients. 60 of

these patients lived in Murray County, 10 were from Cottonwood, 11 from Lyon and one from Redwood. 40 were female and 42 were male.

The largest categories of terminal illness that we had in 2023 was diseases of the circulatory system such as heart failure and cerebral infarction with 23 patients, diseases of the respiratory system such as chronic respiratory failure and chronic obstructive pulmonary disease with 13 patients and Neoplasms or cancers with 19 patients.

The average length of stay was 54.64 days. When a patient is certified for hospice care, a doctor says that the patient has a terminal diagnosis that could end their life in 6 months or less. 55 days is way less than that 6-month (approximately 180 days) diagnosis. Hospice of Murray County likes to think that Hospice is not a diagnosis, but a plan of care for a diagnosis. If more doctors, patients, families, and caregivers adopt this way of thinking, hospice could be more beneficial to people in their final stages of life. Hospice does not need to be "only on the death bed." Hospice is much more than that. It is letting a person

live their days filled with quality. Filled with love. Filled with joy. Yes, there may be bumps and curves on the way, but with hospice, we can help ease those days.

If you or your family would like more information about the services that Hospice of Murray County provides, please do not hesitate to call our office at 507-836-8114. We'd be happy to connect with you.

Enjoy the rest of the winter
 Marti Engelkes, LSW
 Hospice Administrator

VOLUNTEER BOARD OF DIRECTORS

Dave Kaup
 Heidi Winter
 Sue Skramstad
 Neal Everson
 Sally Nelson
 Nancy Fell
 Austin Quade
 Mary Mesner
 Jan Cuperus



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Don't Wait to Talk About Hospice

It's an all too common situation. A family is at the bedside of a loved one who is seriously ill and nearing the end of life. Each member of the family has a different idea of what should be done and what the patient would have wanted.

Far too many people wait until they are in the midst of a health care crisis before thinking about what options are available or what care they or their loved ones would have wanted.

Often, by waiting too long to learn about possible options, like hospice care, people end up spending difficult days in the hospital or the emergency room and opportunities to be with loved ones at home are lost.

When a family is coping with a serious illness and a cure is no longer possible, hospice provides the type of care most people say they want at the end of life: comfort and dignity. Considered to be the model for high-quality, compassionate care for people with a life-limiting illness, hospice care includes expert medical care, pain management, and emotional and spiritual support. Care is provided by an inter-disciplinary team of professionals and trained volunteers. The wishes of the patient and family are always at the center of care.

Most hospice care is provided in the home – where the majority of Americans have said they would want to be at this time. Care is also provided in nursing homes, assisted living facilities, and hospice centers.

Care is paid for by Medicare, Medicaid, and most private insurance plans and HMOs.

The National Hospice and Palliative Care Organization reports that more than 1.5 million people received care from our nation's hospices last year.

Hospice providers can help with information about care options and choices and ensure you live as fully as possible throughout your entire life. They will make sure your loved ones receive support as well.

One of the best ways to make sure you and your loved ones benefit fully from hospice, should you ever need this care, is to talk about it before it becomes an issue.

For more information, contact Hospice of Murray County (507)836-8114, Your #1 choice of Hospice care since 1987, we are devoted in providing quality Hospice care. You will also find information about the moments that hospice makes possible for patients and families at www.MomentsOfLife.org.

Hospice of Murray County

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Past & Up-Coming Events

Hospice of Murray County would like to extend to you and your family and invitation to our annual 'Celebration of Remembrance' remembering those in our program who have made their final journey in 2023. This is meant to be an uplifting time for families, friends, and the Hospice Staff to celebrate with each other the memories of their loved one. We encourage you to attend and invite other family members, as our mailing list does not always include all addresses. If you need a ride, want someone to go with, or have ANY questions, please feel free to contact Hospice @ 836-8114

We hope to celebrate with you,
Your friends at Hospice of Murray County

Celebration of Remembrance

March 19, 2024

@ 6:30pm

Christ Lutheran Church

Slayton, MN



Hospice of Murray County, participated in the Murray County Medical Center "Trunk or Treat" for Halloween on the 31st!

CONGRATULATIONS
ELYSE PAULZINE FOR
FINDING THE HOSPICE
MEDALLION! THANK
YOU TO EVERYONE
WHO PARTICIPATED
THIS YEAR!



2024 RUMMAGE SALE DATES

COLLECTION DATES
SEPTEMBER 10-13

SALE DATES
SEPTEMBER 17-21

OUR HOUSE WISH LIST

Hospice of Murray County
36 Park Drive
Slayton, MN 56172

Phone: 507-836-8114
Fax: 507-836-6462
Email: hospice@hospiceofmurraycounty.com

4 to 8 sets of extra long and deep set twin sheet sets.

They also need new spatulas (the rubberish kind for scraping out bowls), a meat thermometer, and a new set of Pyrex glass containers with lids.

Our House would like to thank everyone for the donations that we received throughout the past year. All the different donations were very useful and our residents were able to enjoy many of the donations throughout their stay. We continue to strive to provide excellent care and are able to do this with the support of community and surrounding areas.



VOLUNTEER COORDINATOR MARY BAUNE

This past month I was able to be a participant of the Hospice Program with my dad as the patient. I have always been a believer in the program. This was my chance to be on the receiving side of things. My dad was treated with such dignity and respect. My mom also shared my accolades. We had anticipated my dad to be on the program a bit longer, but we know now we are never the person in charge of how long we are on this earth.

Hospice opened their arms to him and my family. Getting to know Dad as a person. What his life was to him and showed genuine care for him. They understood him as a retired farmer who lived FOR the farm and every-

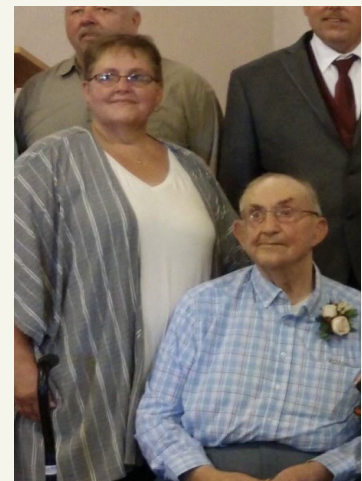
thing about the farm. They were able to help him to control his pain, so his end of life was comfortable. They worked with the facility he was in to implement his pain regimen. The nurses were amazing, and he looked forward to their visits. He had a volunteer that was able to talk livestock with him which he very much enjoyed. My family was also blessed to have the Hospice Chaplin Lori VonHoltem be able to administer last rights to him as well as assist with his funeral.

I heard from my team numerous times, just go and be with your dad. You cannot imagine how much of a comfort it was to be able to be there with him in his last days. There is a

peaceful feeling, having had my dad on Hospice.

Don't deprive your loved one of the experiences of Hospice.

Mary Baune, Hospice of Murray County Volunteer Coordinator



EPIPHANY HOUSE BLESSING

CHALKING THE DOOR

Epiphany House Blessing (chalking the door)

The family gathers to ask God for the blessing of their home and that of those who inhabit or visit it. It is an invitation for Jesus to be a daily guest in our home, in our chores, comings and goings, our conversations, our work and games, our sorrows and joys.

A traditional way to do this is to use chalk to write on the home's entry

20 + C + M + B + 24.

The letters C, M, B have two meanings. They are the initials of the traditional names of the three wise men: Gaspar (Caspar in Latin), Melchor and Balthasar. They are also short for the Latin words *Christus mansionem benedicat*, meaning "**May Christ bless this house.**" The symbol "+" represents the cross and 2024 is the year.

Instructions for each family to bless their home

Using the blessed chalk, write on the lintel of your front door the following:

20 + C + M + B + 24

...as you recite:

The three Wise Men, Gaspar, Melchor and Balthasar followed the star of the Son of God who became a man two thousand and fifteen years ago. May the Lord bless this home and be with us during this new year. Amen.

Family Leader then offers the following prayer:

We ask you, Lord, to bless this house and all those who live in it: may there always be love, peace and forgiveness in this home; grants its inhabitants sufficiency of material goods and abundance of virtues; who are welcoming and sensitive to the needs of others; that in joy they praise you, Lord, and in sadness they seek you; at work they find the joy of your help, and in need they feel close to your comfort; when they go out, enjoy your company, and when they return, experience the joy of having you as a guest; May this house truly be a domestic church where the Word of God is light and food, and may the peace of Christ reign in his hearts until one day he arrives in your heavenly home. Through Christ our Lord. Amen

Indelible Blessing: Chalking the door of the home is a way of celebrating and literally leaving a mark on the occasion of Epiphany and God's blessing on our lives and homes.

Over time, the chalk will fade. As it does, we will let the meaning of the Latin words sink deep into our hearts and manifest itself in our words and actions: **Christus mansionem benedicat, "May Christ bless this house."**

A chalk blessing was done at Our House & Office, January 3rd. Thank you to our amazing Pastor Lori VonHoltum for all your dedication to our Hospice program.

