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Slayton MN 56172

36 Park Drive * PO Box 86

**HOSPICE OF
MURRAY COUNTY**
ANNUAL SPRING BENEFIT
7PM-11PM

**28
MARCH**

IF YOU WOULD LIKE TO PURCHASE TICKETS
FOR THIS EVENT, PLEASE CONTACT OUR
HOSPICE OFFICE @ 507-836-8114

MUSIC FOOD DRINKS
**BARN
DANCE**

- DOORS OPEN AT 6:30PM
- \$15 ADVANCE TICKETS
- \$20 AT THE DOOR

IONA TOWNSHIP HALL AND COMMUNITY CENTER
• 480 PARNELL STREET • IONA, MN

507-836-8114



PO Box 86 * 36 Park Drive * Slayton MN 56172

Phone : 507-836-8114 * Fax : 507-836-6462 *

Email : hospicemc@hospiceofmurraycounty.com

February 3, 2025

Hospice of Murray County is excited to announce our Annual Spring Benefit for this year, please mark your calendars so you can join us for this fun event!

Friday March 28th, 2025, at the Iona Township Hall & Community Center.

Barn Dance 7:00- 11:00 pm

Food and Beverages available for purchase

Doors open at 6:30, Dance starts at 7:00

\$15 in advance or \$ 20.00 at the door/person

We are seeking **EVENT SPONSORS**. As a sponsor, your name will be used in all our advertising. Please send your sponsorship by March 17, 2025 to be listed in our printed advertisements.

PLATIUM LEVEL	\$500 – 6 Tickets to the event
GOLD LEVEL	\$350 – 4 Tickets to the event
SILVER LEVEL	\$200 – 2 Tickets to the event
BRONZE LEVEL	advertising acknowledgement

Hospice of Murray County thanks you for your consideration. Our program relies on fundraisers, such as this, to provide services to our patients and their loved ones at the end stages of life.

Please send your donations and the following information to:

Hospice of Murray County, PO Box 86, Slayton MN 56172

Business, Family or Individual: _____

Address/phone number: _____

In honor or memory of: _____

Hope to see you there!

Hospice of Murray County Staff & Board of Directors



Phone: 507-836-8114
Fax: 507-836-6462
Email:
hospice@hospiceofmurraycounty.com

36 PARK DRIVE * SLAYTON MN * 56172

OUR STAFF

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MARY BAUNE
EDEN BENGTON-CARNEY
AUDREY BRAUN
PAM BUSSWITZ
ASHLEY CARLSON
LUCILLE DESLAURIERS
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JESSICA SUNDAHL
LORI VON HOLTUM
GRACE WILLIAMS

Debunking Hospice Myths

Myth #1: Hospice care is only for people who have given up on life.

It is a common misconception that hospice is about dying, when it is designed to help terminally ill patients live their final days to the fullest.

Myth #2: You need a doctor's referral to enter hospice care.

Anyone can make a referral to hospice. If a family member, friend or loved one believes a patient could benefit from hospice care, they are allowed to make a referral which will be followed by a doctor's order to qualify the patient for coverage.

Myth #3: Only patients with cancer can benefit from hospice care.

Many patients have other diagnoses or advanced stages of chronic diseases like pulmonary disease, Alzheimer's disease, renal disease, and cardiovascular or neuromuscular diseases.

Myth #4: Hospice care is only provided in the hospital or hospice facility.

Hospice can be provided wherever the patient feels most comfortable or wherever services can most effectively be provided. Many patients choose to receive care in the comfort of their own home, though it can also be administered in a hospital, nursing home, assisted living facilities, or hospice facility. Hospice is not a location but a method of care.

Myth #5: Hospice comes in and takes over.

You and your family are at the core of the hospice team and are at the center of all decision-making. A family may include relatives, friends, neighbors, or extended family. Hospice will assist you with all decisions but will never take over your care.

VOLUNTEER BOARD OF DIRECTORS

Dave Kaup * Heidi Winter * Neal Everson
Sally Nelson * Nancy Fell * Austin Quade
Mary Mesner * Jan Cuperus



3 6 P A R K D R I V E * S L A Y T O N M N * 5 6 1 7 2

Administrator — Marti Engelkes

So many people wonder when is the right time to start hospice, or think that I don't need hospice right now, it is too soon. Hospice care is not for those who are "on their death bed" but for those who have a terminal illness who their physician has said that there is nothing more that can be done or for those that feel that they do not want to have anymore treatments. This is when it is time to call hospice. Hospice is not giving up HOPE. It is changing your HOPE. HOP(E)ing for a good day. HOP(E)ing for a good visit. HOP(E)ing for one more ride on the tractor. We want to give you that HOPE.

I found this article on the internet from HopeHospice and changed some of the wording to fit our program. I HOPE it gives you something to think about.

~Marti

5 reasons to start hospice sooner than you think

Contrary to myth, [hospice care](#) is not just for the final days of life. Although many families don't call hospice until a loved one's passing is imminent, many say they wish they'd known about hospice sooner.

It is easier for all those involved in the hospice process to get hospice as soon as you qualify - the patient, the caregiver or the family and the hospice team.

To qualify for [hospice coverage through Medicare](#), you must have a physician certify that you have a terminal illness that has a life expectancy of six months or less if the illness progresses along the usual course. (Every case is different, and people who qualify for hospice can continue to receive services if they live longer than six months.)

The significance of this guidance is that it can be appropriate to ask about hospice at the point when cure or recovery is no longer an option, and not just in the final stage of life.

Here are five reasons to start hospice as soon as you qualify.

Reason 1: Medicare pays for all hospice services related to your terminal illness.

Many people hesitate to call hospice because they fear the costs. On the contrary, Medicare (along with Medicaid and most private insurers) cover a wide variety of medical and non-medical [hospice patient and family services](#), including:

- ✦ Medical care from nurses in your home or residential facility
- ✦ Medications related to terminal illness
- ✦ Social workers
- ✦ Home care aides
- ✦ Chaplains and spiritual counselors
- ✦ Grief counselors
- ✦ Medical equipment, such as wheelchairs and hospital beds





3 6 P A R K D R I V E , S L A Y T O N M N , 5 6 1 7 2

Licensed Social Worker — Haley Rhode

From the Heart of a Hospice Social Worker

As a hospice social worker, I often encounter individuals and families who are understandably apprehensive about hospice care. The idea of hospice can bring up fears about the unknown, a loss of control, and the emotional toll it brings. However, my role is to help ease these fears by offering compassion, support, and understanding during this difficult time.

Hospice care is centered around compassion. Our primary goal is to ensure our patients' comfort and dignity, providing personalized care that addresses their physical, emotional, and spiritual needs. By focusing on symptom management and pain relief, we aim to improve the quality of life for our patients, allowing them to find moments of peace and serenity.

Hospice care also extends its support to families, providing emotional and practical assistance to help them cope with the challenges they face. From counseling to respite care, we are here to offer guidance and relief. We encourage patients to focus on what brings them joy and fulfillment, whether it's spending time with loved ones, engaging in beloved activities, or simply appreciating the present moment.

Our holistic approach ensures that all aspects of the patient's experience are honored. By reframing hospice care as a compassionate and supportive service, it becomes less about the fear of death and more about enhancing the quality of life during a difficult period. Hospice care offers a path to finding comfort, meaning, and even moments of joy in this final chapter of life.

Ultimately, hospice care should not be feared. It is a journey of acceptance, compassion, and profound care—one that I am honored to be part of. By focusing on living fully and comfortably, we help our patients, and their families find solace and meaning, transforming fear into a journey of deep care and love.

-Haley Rhode, LSW



[Volunteers](#) who provide companionship and a variety of other tasks

Hospice is designed to reduce suffering and improve quality of life, but it can take time to get symptoms under control. Continuous visits from a hospice nurse over weeks or months can bring comfort and relief.

Reason 2: Hospice can improve your quality of life.

If chronic pain, fatigue, shortness of breath, anxiety, insomnia or depression are making it harder to get through the day, hospice can help.

Hospice is designed to reduce suffering and improve quality of life, but it can take time to get symptoms under control. Continuous visits from a hospice nurse over weeks or months can bring comfort and relief. This care can also reduce preventable trips to the emergency room or hospitalizations.

Clinical research even suggests [patients may live longer while on hospice](#).

The goal of hospice is to focus on what the patient wants for their care. It's not only what can we do for the patient, but what does the patient want?

Reason 3: Hospice puts your wishes front and center.

Early adoption of hospice gives you more time to express your wishes and develop a plan of care tailored to your precise needs.

Every individual's wishes are different. Some have bucket lists of things they'd like to accomplish, like attending a granddaughter's wedding and writing letters to loved ones. Others want to create advance directives to document their wishes regarding resuscitation or medical interventions.

Hospice clinicians and social workers capture all of these wishes in the care plan.

Reason 4: Hospice helps you communicate with doctors.

Hospice providers help you understand your medical care and empower you to ask questions.

Many spouses and adult children rely on hospice to help them navigate the health care system. Hospice providers give families the language and knowledge to assert their needs.

Starting hospice early gives you and your family time to form a relationship with the people caring for you.

Reason 5: Hospice gives your family much-needed support.

One of the most special components of hospice is support for the family.

A lot of times people are just overwhelmed. They're burned out caring for their loved ones and they're not sure what to do.

Hospice care providers educate families about the best ways to care for a loved one. They also offer emotional support ranging from informal "kitchen table chats" to referrals to personal counseling or [support groups](#).

For caregivers suffering burnout, hospice can arrange for respite care. This care offers a spouse or adult child a break from caregiving duties. The break can range from a few hours to a few days, depending on the situation.

Finally, starting hospice early gives you and your family time to form a relationship with the people caring for you, whether it's a nurse or volunteer or aide. Seeing familiar faces can be a source of comfort in this difficult time.

Finding out if it is the right time for hospice is always a good place to start. Give Hospice of Murray County a call. We'll do the rest. We look forward to talking to you soon.



3 6 P A R K D R I V E , S L A Y T O N M N , 5 6 1 7 2

Our House Coordinator—Eden Bengtson-Carney –LPN

“Thank you to all who donate to Hospice of Murray County and our facility Our House. We are in need of some items yet this winter season. Please consider donating as you are able, every little bit helps so we can allocate funds to all sorts of different needs that the public cannot provide. If you have any questions please call Eden, Our House Coordinator/LPN at 507-836-8114. Thank you!”

OUR WISH LIST

Deep pocket single sheet sets * Gift certificates for new décor * Pork or beef bundles * Bath towels * Ground Coffee & K-cups * Ziplock Bags * Cases of water * Eggs * Bird seed & ears of corn

Paper Products *toilet paper *paper towels *napkins *paper plates, cups & silverware

Phone: 507-836-8114

Fax: 507-836-6462

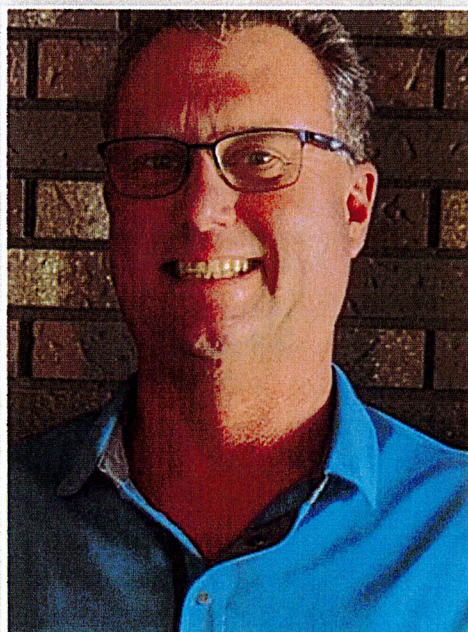
Email:

hospice@hospiceofmurraycounty.com

Hospice of Murray County

3 6 P A R K D R I V E , S L A Y T O N M N , 5 6 1 7 2

The extraordinary generosity of Bruce Larson, a steadfast supporter of Hospice of Murray County, continues to inspire and uplift. Following his tragic passing in a farm accident, his estate's \$50,000.00 gift has become a powerful testament to the impact one person can have, transforming patient care and inspire meaningful change in patients lives.





3 6 P A R K D R I V E , S L A Y T O N M N , 5 6 1 7 2

Volunteer Coordinator—Mary Baune

As the days and weeks fly by, I look at everything we need to accomplish. We are always in a hurry to get somewhere or complete that task put on our plate. We sometimes forget to “Breathe.” Stop and think about what is important.

It is important to be present in our lives. That is being there for the ones we love. And sharing our strengths with those not as able as us. Sometimes I look at what I can give to others. If we all could do one nice thing for someone else, imagine how much better we would feel.

Volunteering is very much a giving experience. We can give companionship to those less fortunate than us. We share kindness with those who are no longer able to see hope. Our world needs more kindness and hope. Share your time. You have a lot to give.



Hospice of Murray County

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Up-Coming Events

March:

National Social Worker Month
18th Celebration of Remembrance
28th Annual spring benefit

April:

23rd Administrative Professionals
Day

May:

6th-12th National Nurses Week
26th Memorial Day

We are deeply grateful for Key Largo's unwavering commitment to supporting Hospice of Murray County.

KEY LARGO 29 Valhalla Dr. Slayton MN 56172		DATE <u>1/27/25</u>	
PAY TO THE ORDER OF HOSPICE		\$ <u>895.00</u>	
<u>Eight hundred ninety five & ^{NO}/₁₀₀</u>		DOLLARS <input checked="" type="checkbox"/>	
FOR <u>Donation Summer in January IV PLAY</u>		KEY LARGO on Lake Shetek	
"01234567890" "0123456789012" 1001			